

SAMPLE QUESTION PAPER PSYCHOLOGY

Question 1

Which of these is **not** a definition of health?

- a) Health as not ill
- b) Health despite disease
- c) Health means not seeing a doctor
- d) Health as vitality

Question 2

Which of these things is health psychology concerned with?

- a) What causes illness?
- b) Who is responsible for illness?
- c) How should illness be treated?
- d) All of the above

Question 3

Which of these is **not** an example of a health behaviour?

- a) Smoking
- b) Taking regular exercise
- c) Eating healthy food
- d) Going to the gym

Question 4

The models of health behaviour are also known as...

- a) Mental models of health behavior
- b) Cognition models of health behaviour

- c) Brain models of health behavior
- d) Thought models of health behaviour

Question 5

Which of these is **not** an element of the Health Belief Model?

- a) Threat
- b) Expectations
- c) Cure
- d) Socio-demographic factors

Question 6

Which of these is a stage in the Stages of Change Model?

- a) Study
- b) Contemplation
- c) Deliberation
- d) Meditation

Question 7

What does the term 'mortality' refer to?

- a) Death
- b) Illness
- c) Health
- d) Morbidity

Question 8

Which law relates to a person's right to choose whether they want treatment or not?

- a) The Misuse of Drugs Act 1971
- b) The Health and Safety at Work e.t.c. Act 1974
- c) The Mental Capacity Act 2005

d) The Medicines Act 1968

Question 9

Why is it important to pharmacists that research is carried out in a rigorous way?

- a) So that they know that the research was done properly
- b) To increase the income for the pharmacy
- c) To get more people to take medicines
- d) To get doctors to prescribe more medicines

Question 10

Which of these is **not** a reason why a knowledge of behavioural and social sciences is important to pharmacists?

- a) It can help us to understand patients better
- b) It can improve adherence to medication
- c) It can help to build a concordant relationship with patients
- d) Knowing what people are thinking is more important than knowledge of medicines