

LIFE@SOSSLA



CT UNIVERSITY

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CTU
CAREER TRANSFORMATION

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SCHOOL OF SOCIAL SCIENCES AND LIBERAL ARTS

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— ABOUT SCHOOL —

School of Social Sciences and Liberal Arts was established in 2017. The School of Social Sciences and Liberal Arts is a multidisciplinary academic institution dedicated to fostering intellectual curiosity, creativity, and critical thinking across a broad spectrum of fields. It serves as a vibrant academic hub that unites a wide range of disciplines under one roof, aiming to provide students with a well-rounded, interdisciplinary education. The school is structured to promote collaboration and exploration across traditional academic boundaries, offering a diverse array of programs in the arts, social sciences, humanities, and liberal arts. It integrates the study of the arts, social sciences, humanities, psychology etc., offering students a holistic educational experience that promotes both academic and personal growth. By blending theoretical knowledge with practical application, the school encourages interdisciplinary learning, preparing students for a diverse range of careers. It also emphasizes the development of well-rounded individuals who are not only equipped with specialized skills but also with a deep appreciation for culture, history, social sciences, and physical well-being. Through its comprehensive curriculum, the school aims to cultivate a lifelong passion for learning and foster engagement with the world.



WHY CHOOSE THE SCHOOL OF SOCIAL SCIENCES AND LIBERAL ARTS AT CT UNIVERSITY?

Diverse & Industry-Oriented Programs: The school offers a wide range of programs across arts and social sciences ensuring students have multiple career pathways. Programs are designed to be industry-relevant, equipping students with practical skills.

Experienced Faculty & Research Opportunities: The School of Social Sciences and Liberal Arts in CT University boasts highly qualified faculty members who bring a mix of academic expertise and industry experience. Students have access to cutting-edge research, interdisciplinary projects, & innovation-driven learning.

State-of-the-Art Infrastructure: With modern labs like Psychology, Yoga and Journalism, libraries, smart classrooms, and sports facilities, students experience a world-class learning environment that enhances both academic and practical skills.

Skill-Based & Experiential Learning: The curriculum integrates real-world case studies, internships, workshops, and hands-on training. Students engage in community projects, cultural programs, and research, fostering well-rounded development.

Career & Placement Assistance: With career counselling, soft skills training, and job placement support, students receive guidance to excel in their respective fields, whether in academia, research, or industry.

OUR APPROACH TO ACADEMIC EXCELLENCE

PROGRAMS OFFERED

Program Name	Duration	Eligibility
Bachelor of Science in Clinical Psychology	4 years	Passed 10+2 or equivalent in any stream with English as a compulsory subject from a recognized board with 45% marks.
Bachelor of Social Work (Hons.)		
Bachelor in Arts (Hons.) in Journalism and Mass Communication		
Bachelor of Arts Integrated with IAS Coaching	3 years	Passed 10+2 or equivalent in any stream with English as a compulsory subject from a recognized board with 45% marks.
Master of Science in Clinical Psychology	2 years	Graduation in any discipline from a recognized university with at least 50% marks.

Continuous Professional Development (CPD): Regular workshops, seminars, and training programs are organized to enhance students' academic knowledge, professional skills, and career readiness.

Differentiated Instruction: Teaching strategies are adapted to accommodate diverse learning styles, abilities, and academic needs, ensuring inclusive and effective learning.

Regular Assessments: Formative and summative assessments are conducted periodically to evaluate learning outcomes and provide constructive feedback for improvement.

Practical Experience: Students are offered internships, practicum placements, and fieldwork opportunities to apply theoretical knowledge in real-world professional settings.

Research Skills Development: Emphasis is placed on research design, data analysis, and interpretation through hands-on research projects and academic activities. **Critical Thinking and Scientific Reasoning:** Students are encouraged to analyze, evaluate, and discuss contemporary issues to strengthen critical thinking and scientific inquiry skills.

Current Research Integration: The curriculum incorporates the latest research findings and evidence-based practices to ensure academic relevance and professional competence.

Field Supervision: Quality supervision is ensured through continuous guidance, monitoring, and feedback by experienced faculty and field professionals. **Student Mentoring and Academic Support:** A structured mentoring system is implemented to provide personalized academic guidance, career counseling, and emotional support, helping students achieve their learning goals and transition effectively into professional roles.

Placements:
From Campus
to Corporate



Industry Collaborations & MoUs

- 1. Manas Hospital :** True health is more than the absence of disease; it is a complete state of mental, physical, and social well-being.
- 2. Mind Vision :** In collaboration with CT University, Mind Vision offers a world-class sanctuary in Ludhiana that blends academic insight with professional therapy.
- 3. Psycho Waves:** CT University is proud to collaborate with Psychowaves Advance Psychological Services, a premier organization established in 2010 by Dr. Tarlochan Singh under the esteemed patronage of Dr. Dwarka Pershad (Retd. Professor, PGIMER).
- 4. Darpan:** CT University signed an MoU with Darpan Centre for Autism, Ludhiana, to strengthen collaboration in autism care, research, training, and awareness-raising initiatives.
- 5. Guru Kirpa Drug D Addiction Centre Goraya:** CT University has established a strategic collaboration with Guru Kirpa Drug De-Addiction Centre, Goraya, a dedicated facility committed to evidence-based rehabilitation and psychological support.



Learning Through Community Engagement



Academic and Extracurricular Events

Best Facilities Available

Yoga Lab: CT University places strong emphasis on holistic well-being, actively promoting yoga as part of daily life due to its proven benefits for physical and mental health. Although a dedicated "Yoga Lab" with specialized equipment is not explicitly mentioned, the university supports yoga through designated practice areas such as multi-purpose halls or sports complexes, along with the provision of yoga mats and basic equipment.



Journalism Studio: CT University offers a well-equipped Journalism and Mass Communication Lab, often referred to as the "Journalism Studio," designed to meet industry standards. This facility includes professional audio and video production equipment such as cameras, microphones, basic lighting setups, and mixing consoles. Dedicated editing workstations with relevant software support the post-production process.



Psychology Lab: The Psychology Lab (The Inner-verse Lab) at CT University provides hands-on training in psychological testing, experimentation, and research. It supports practical learning in cognitive, social, and clinical psychology, helping students apply theoretical concepts, develop analytical skills, and gain professional competence under expert faculty guidance.

Maharaja Ranjit Singh Museum of History, Culture, and Archaeology:

CT University's museum, proudly inaugurated by the Department of Humanities and Physical Education, serves as a vital hub for preserving and showcasing religious, cultural, and historical heritage. Designed by Dr. Seema Parihar, Associate Professor of History, the museum offers a rich, chronological journey through history with over 200 esteemed artifacts.



Psychofest 2025: Psychofest 2025 was successfully held at CT University by the Department of Psychology under the School of Social Sciences and Liberal arts. The fest provided an engaging platform for students to explore psychology through events like quiz, debate, skit, dance, declamation and meme & poster competitions. Centered on themes of mental health, trauma, memory and storytelling, Psychofest encouraged awareness, creativity and academic interaction among participants from various institutions.

